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2019

Northern Area under 8 years Judo Festival

Newbiggin Sports Centre
Woodhorn Road, Newbiggin, NE64 6HG

Cost £13.00

Boys and Girls - 5 to 7 years

Weigh in: **Girls 9:00, Boys 9:15**

There will be no Drop Knee or Sacrifice throws.

Coaching will be allowed, but if so it must be positive and encouraging and technical advice should be limited to improving the players' general judo rather than focusing on winning the contest.

Players will be placed in pools of 3, 4 or 5 of similar age, weight and experience, Players from the same club will be in different pools where possible.

All participants will receive a trophy.

Entries via www.onlineentries.co.uk/ or email the below details to m@bhjudo.com

Name

Male or Female

Age

Grade

Weight (kg)

Club

Contact: Mala Young m@bhjudo.com 07803 745 184